
FIRST-YEAR OFFICE

The First-Year Office will help make your return to the academic demands of university life as smooth as possible. We provide support to mature and re-entry students by offering a series of workshops at the beginning of each semester, as well as throughout the academic year, to assist you in your studies. Our goal is to help all students who are new to McGill by providing pertinent information and links to a range of services available across campus, from one central location.

Brown Student Services Building
3600 McTavish Street, Suite 2100
514-398-6913
firstyear@mcgill.ca
www.mcgill.ca/firstyear

WHERE IS STUDENT SERVICES?

**William & Mary Brown
Student Services Building**
3600 McTavish Street
Montreal, Quebec
H3A 1Y2
514-398-8238
www.mcgill.ca/studentsservices



WHAT DEFINES A MATURE & RE-ENTRY STUDENT?

If you would like to apply to McGill University under the Mature Student category, please refer to the University website: www.mcgill.ca/applying and click on "undergraduate admissions guide" and then on "mature students".

All students outlined in the categories below are welcome to take advantage of any support services offered to "mature students", as well as eligible for membership in the Mature & Re-entry Students Association:

- you meet the University Admissions requirements as a Mature Student applicant; and/or
- you have been out of school for several years;
- you are a parent;
- you have been in the working world before returning to post-secondary schooling.

WHAT IS MRSA?

The McGill Mature & Re-entry Students' Association (MRSA) facilitates the integration

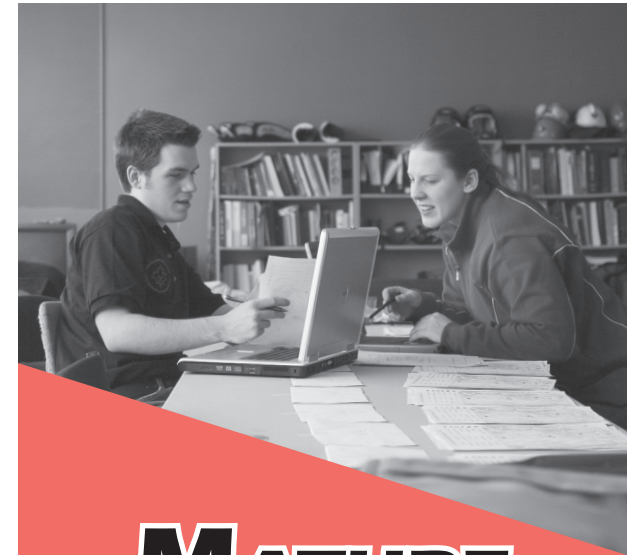


of mature and re-entry students into the traditional spectrum of academic life and gives its members the opportunity to socialize with other students with similar interests and concerns. Members come from many different backgrounds and pursue various courses of study.

All MRSA members are encouraged to use the office to meet others, study, or just decompress before the next class. Additionally, MRSA offers peer counselling to our members - a chance to speak one on one with another student about whatever may be on their mind.

Call MRSA for more information or for details on their free membership!

MRSA Office
mcgillmrsg@gmail.com



MATURE & RE-ENTRY STUDENTS

**Fall 2010
Winter 2011**

*Student Services
Promoting Student Success
& Well-Being*



McGill

READING AND STUDY SKILLS WORKSHOPS

Reading and study skills workshops are free and no registration is required. They are open to all McGill students and take place in room 5001 of the Brown Student Services Building, 3600 McTavish. For further information, call the **First-Year Office at 514-398-6913**.

Study Skills

We present a comprehensive study plan to get you through preparation for classes, reading, note taking and preparing for essays & exams.

| | |
|------------------------------|-------------|
| Thursday, September 30, 2010 | 15:00-16:00 |
| Thursday, January 20, 2011 | 16:00-17:00 |

Preparing for Multiple Choice Exams

We will discuss how to plan and prepare for multiple choice exams.

Included: group and individual study preparation, strategies for handling stem and true/false questions, managing the exam time and networking.

| | |
|------------------------------|-------------|
| Thursday, September 30, 2010 | 16:00-17:00 |
| Wednesday, October 20, 2010 | 15:30-16:30 |
| Thursday, November 11, 2010 | 16:00-17:00 |
| Thursday, February 17, 2011 | 15:00-16:00 |
| Wednesday, March 23, 2011 | 16:30-17:30 |

Essays and Term Papers

We will generate a plan that will take you through the process of writing an essay from topic assignment to proofreading, that you can also apply to essay exams.

Included: narrowing the topic, generating ideas, using the library, unblocking the writer's block.

| | |
|-----------------------------|-------------|
| Wednesday, October 20, 2010 | 16:30-17:30 |
| Thursday, November 11, 2010 | 15:00-16:00 |
| Thursday, January 20, 2011 | 15:00-16:00 |
| Thursday, February 17, 2011 | 16:00-17:00 |
| Wednesday, March 23, 2011 | 15:30-16:30 |

ACADEMIC SKILLS DEVELOPMENT WORKSHOPS

Academic skills development workshops are offered to students who have been away from regular full-time studies for a number of years. They provide techniques to improve reading efficiency, note taking, writing of papers and preparation for exams, as well as an opportunity to meet other mature/re-entry students.

Workshop schedule:

Thursday and Friday, August 19 & 20, 2010
10:00 to 16:00
Education Building, Room 211

Saturday January 8, 2011
13:00-17:00
Brown Student Services, Room 5001
(for January 2011 admits)

It is recommended that you attend both days of the August workshop, as different topics will be presented each day. (The January workshop is just one half day.) Register online on the First-Year Office website at www.mcgill.ca/firstyear/workshops1 and follow the link called Mature & Re-entry students workshop. Space is limited so register early. August participants, feel free to bring a lunch.

Workshop Coordinator:

Marilyn Metz, PhD
marilyn.metz@mcgill.ca



OTHER RESOURCES YOU CAN TURN TO FOR HELP...

Counselling Service

The Counselling Service assists students dealing with concerns of a personal, vocational or academic nature. They offer several free workshops during the Fall and Winter terms. For more information or to make a one-on-one appointment, call or drop by the Counselling Service in the Brown Student Services Building, Suite 4200, 514-398-3601.

Tutorial Service

The Tutorial Service offers private tutoring by matching your request for assistance with a qualified student from our bank of tutors. If this is your first year at McGill, you have access to one free hour of tutoring each semester. Continued tutoring is available at \$15 per hour. Also offered are Review Sessions in selected courses before the exam period of each semester. For information, call or drop by the Tutorial Service in the Brown Student Services Building, Room 4200, 514-398-6011.

Library Workshops

Attend a Library Workshop and learn research strategies, how to find the book you need and how to use their services from home. Contact the Reference Service of a McGill Library on the web at www.mcgill.ca/library-assistance/classes.

iCare Computer Clinics by ICS

Computing Safety Clinic: Learn how to protect your computer, data and privacy on the internet and install protective tools including firewalls, updates, critical patches for your operating system and tools for removing or blocking malicious programs, including viruses, spyware and adware.

Connectivity @ McGill Clinic: Learn how to connect through the wireless system on campus, or through a dial-up modem from home and how to access McGill restricted sites from outside McGill.

For more information, visit
<http://knowledgebase.mcgill.ca/article.asp?article=2241&p=4>
